



Program name: Certified Professional Coach

The Program Overview and Intention

The course is designed to provide you with coaching skills techniques so you can utilize in your coaching sessions rather than a lecture style mode.

Classes Style is set up to be interactive that is not limited to lecture only rather it's dynamic so you can learn from real life experience. This is done by presentations, hands on coaching experience, 3 ways feedback, and performance assessments.

Participant will be required to do an oral exam, Final project, quiz, and exercise, as well as exposed to deal with outside client's issues, and case study.

After Participant passes the classes, final projects, and an oral exam a certificate will be issue of 76 hours with the ICF Recognition.



Elite Coaching Center is approved by by ICF (International Coach Federation) for ACSTH (Approved Coach Specific Training Hours)

Course Outline & Outcomes

1. Phase One is to help participant understand their inner self more by tuning in to learn more about their values, intuition, self management , and as well as coaching skills and ICF code of Ethics that are essential. Hence this will help to enhance your listening skills to improve your communication with yourself and other important people in your life. Also, to equipped you with tools and powerful questions to help you conduct your coaching session with your clients effectively.

If you are interested to learn more about yourself , how to use coaching skills in your current profession, considering a career in coaching, or just wanting to enhance your communication. Elite Coaching has something for you to get you started!

2. Phase Two is designed to develop your coaching skills to help clients discover their unique values, and get them to tap into their future self and letting go of any preconceived rules and barriers to create their zest lives. Coaches learn to assist their clients in developing new perspectives and creating a plan of action grounded in commitment.

Coaches will learn what is it to have a Balanced life and that you always have a Choices and ability to say Yes & No to yourself and others so desired outcome can be achieved.

3. Phase Three, Coaches learn how to be with the client in the moment specially when dealing with client's emotional issues and whether if its excitements or sadness.

Awareness of your coaching style and how to self manage and remain present in challenging situations. Also, how to sense and know the right move for your client

How to integrate all coaching skills/ principles learned and put it all together to have a higher impact for the client's life. This is more to break a rule as there is

no universal law how to help others and that all these tools are for you and Not for your client.

How can clients believe in you and what added value will you give to your clients so they feel special. Who you become as a coach and what is your own coaching style feels like. Your special flavor & creativity will make you unique.

Lastly, you will learn the importance of Validation in coaching and how it can save on your client/organization (money, time, energy, and Stress). i.e. learn how to save millions of dollars for organization when they missed to do validations. Case study of \$30 M Canadian Corp.

Course delivery: This course is designed to be delivered in three stages (face to face style) & combination via online is also available.

Language of this course: English, option Arabic

Dates, location & Cost: please contact us for more information and let us know when where and how do you want to take the classes.

Program Payment: are fully in advance

Cancellation Policy: In the event participant must cancel due to dissatisfaction of the program a full refund will issue in the next 30 days.

Instructors: Ashraf Marzzoka CTI , ACC & Gwendolyn Jacquot CTI, CPCC

Intended Participants: To serve professional in their personal and career life. Such as CEO, Professional business owners, Managers, Teachers & students.

Requirements for participants entering program:

- Good level of English, both understanding and communication
- Acceptance of class members as equals during class, breaks, and peer coaching
- Ability to accept others with no bias toward point of view, religion, color or gender
- Openness to others without judgment of being right or wrong
- Cooperation and coordination – teamwork
- Compliance with the ICF code of ethics.

Expectations for the participant: Attendance at all classes

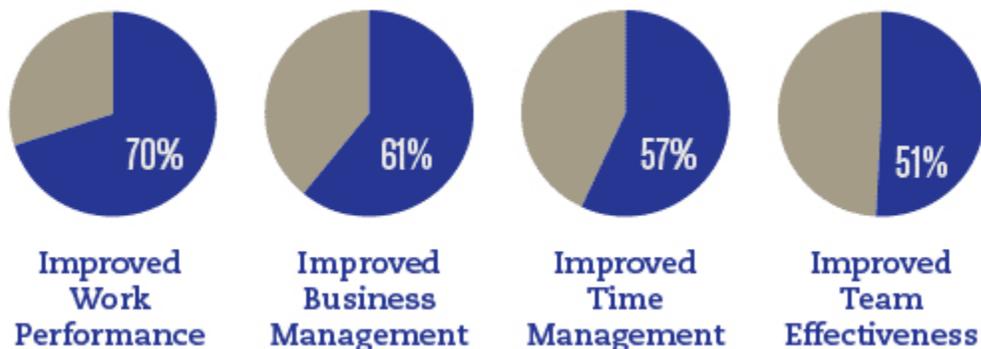
- Promptness for each session of class and coaching
- Participation in class
- Required homework, “Life” final project, and final exam

Direct benefits of this program: throughout this program, you will discover more about yourself and others. This will give you the potential to reach out to your goals with less stress and looking at your challenges in a simplified process. Participant experienced empowerment of their communication skills, more confident and enhance their decision making skills along with the value of the logic and emotion side.

The below info & charts is an ICF recent studies how coaching can impact the following 1.Benefits of Using a Coach 2.Increased Productivity, 3.Positive People,4 Return on Investment , 5. Satisfied Clients.

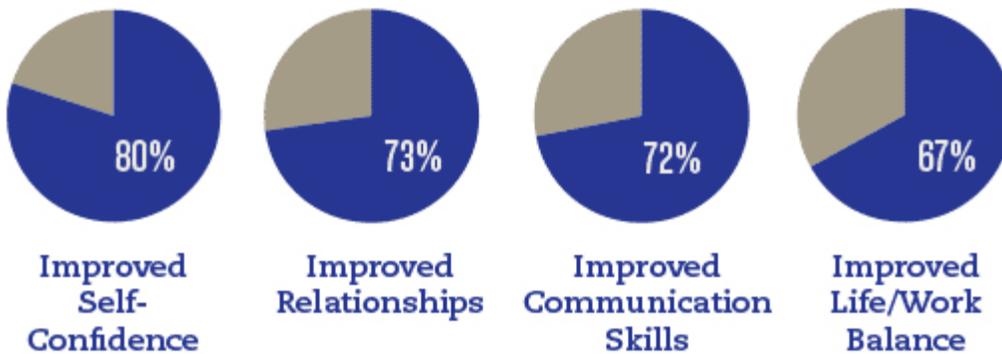
1. Those who undertake coaching also can expect appreciable improvement in productivity, satisfaction with life and work, and the attainment of relevant goals.
2. Increased Productivity

Professional coaching maximizes potential and, therefore, unlocks latent sources of productivity.



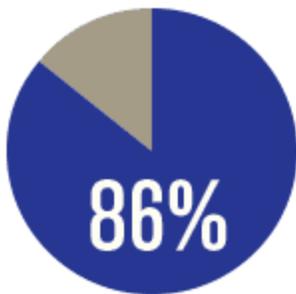
3. Positive People

Building the self-confidence of employees to face challenges is critical in meeting organizational demands.



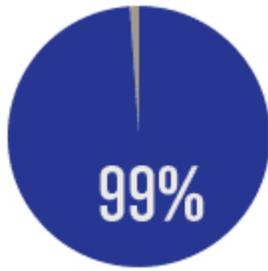
4. Return on Investment

Coaching generates learning and clarity for forward action with a commitment to measurable outcomes. The vast majority of companies (86%) say they at least made their investment back.

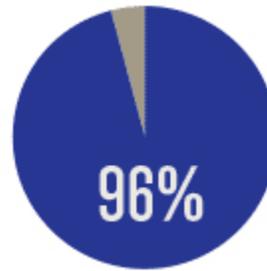


5. Satisfied Clients

Virtually all companies and individuals who hire a coach are satisfied.



**“Somewhat”
or “Very
Satisfied”
with overall
experience**



**Would repeat
the process**

